

PALMETTO COUNCIL, BSA HIGH ADVENTURE COMMITTEE

Philmont



The Summit:
Bechtel Family
National Scout
Reserve



Backpacking Skills Course

Course Description:

The Palmetto Council High Adventure Committee Backpacking Skills Course (the "Course") is designed to provide Scoutmasters, Ass't. Scoutmasters and Venture Crew Advisors basic backpacking skills in order that they can take their Units on a backpacking trek that requires basic backpacking skills. Course materials utilize the skills requirements and instructions provided in the *Boy Scout Backpacking, Hiking, Wilderness Survival and Orienteering Merit Badge* pamphlets. All Merit Badge pamphlets are available from the Scout Shop and are recommended reading prior to participating in the Course.

The Course consists of an indoor and an outdoor session. The indoor session will be conducted on Saturday, October 9, 2010 at the Council Camporee. The outdoor session will be conducted on Friday, November 12, 2010 through Sunday, November 14, 2010. The indoor training is a prerequisite to the outdoor training. Participants must attend the indoor session in order to attend the outdoor session.

The Palmetto Council Backpacking Skills Course is one of three course requirements for the Palmetto Council High Adventure Trained Patch.

Course Participation:

The Course is limited to the first 16 participants to register and who must:

1. be registered adult leaders in the Palmetto or another BSA council;
2. have completed Scoutmaster indoor and outdoor training; and
3. bring to the course a current completed Annual BSA Health and Medical Record (Parts A, B and C completed) approved for participation in swimming/water activities and be in adherence to the weight requirements.

Training Prerequisites (must bring completion cards to the Course to demonstrate completion):

1. Red Cross Basic First Aid (Red Cross Wilderness and Remote First Aid recommended)
2. Current American Heart Association or Red Cross Adult CPR
3. Weather Hazard Training
4. Trek Safety

Cost:

The course cost is \$10.00 per participant plus food and State Park camping fees for the outdoor session.

Contact:

If you have any questions, please contact Wayne Hall at pchighadventure@gmail.com.

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Backpacking Skills Course Application

Please print legibly!

Course Dates: _____

Name _____ Unit _____ T or VC _____ Position _____
Circle One

Address _____

City _____ State _____ Zip _____

eMail Address _____

Home Phone _____

Cell Phone _____

Date completed the following prerequisites:

- Scoutmaster Basic Training (Indoor) _____
- Scoutmaster Introduction to Outdoor Training _____
- American Red Cross First Aid _____
- American Red Cross or American Heart Association CPR _____
- Weather Hazard Training _____
- Trek Safely _____

Applications are accepted on a first come basis.

Please submit this application and your \$10.00 Course Fee to the Palmetto Council, Attn: Backpacking Training, 420 South Church Street, Spartanburg, SC 29306.

Applicant
Signature _____

Date _____

Participant Equipment for Course

Each participant must bring the following equipment:

Indoor Session

1. Official uniform
2. Rain Gear
3. Notepad
4. Pen or pencil
5. Chair

Outdoor Session

The proper gear and equipment for a backpacking trek. This is covered during the Indoor Session. (We will backpack from the parking lot to the campsite on Friday night, we will break camp and backpack to our next camping sight on Saturday and we will break camp and backpack back to the parking lot on Sunday. All backpacking hikes will be five miles or less.)

Backpacking Skills Course Indoor Session Schedule

Time	Activity	Instructor
8:00AM – 8:30AM	Registration (show prerequisites and pay fee)	
8:30AM – 8:45AM	Welcome and course overview	Course Director
8:45AM – 9:00 AM	Backpacking Ethic, BSA Wilderness Use Policy and The Outdoor Code	
9:00AM – 9:30AM	Crew Selection (maximum 8 person crews) and selection of crew leader and assistant leader	
9:30AM – 9:40AM	Break	
9:40AM – 10:10AM 10:15AM – 10:45AM	Round Robin Sessions 1 and 2	
10:45AM – 10:55AM	Break	
10:55AM – 11:25AM 11:30AM – 12:00PM	Round Robin Sessions 3 and 4	
12:00PM – 1:00PM	Lunch and “On-the-Trail” meals	Cook Staff
1:00PM – 1:45PM	Packing your pack demonstration	
1:45PM – 2:30PM	Plan for outdoor weekend	

The Outdoor Session Schedule will be reviewed during the Indoor Session.